



THE CARE PARTNER PROJECT™

How to Get the Care You Want
for the People You Love

ABOUT BLOODSTREAM INFECTIONS

Germs can invade the body through cuts or breaks in the skin, resulting in serious infection that's carried through the body in the bloodstream.

RISK FACTORS

Use of a tube and bag system called an IV or "Central Line" to deliver fluids

Check out [Partnering To Heal](#), a great video for Care Partners. In just a few minutes, it shows how you can help prevent infection, and why your help is so important!

REMEMBER,
IT'S OKAY TO
SPEAK UP!

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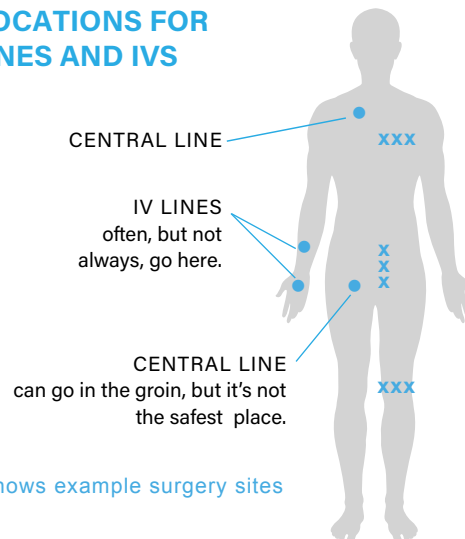
The Care Partner Project checklists are for your education only, not intended to substitute for medical advice, diagnosis or treatment.

CHECKLIST

PREVENT BLOODSTREAM INFECTION

- When a central line is inserted, ask: "Are you using a central line bundle and checklist?"
- Watch to make sure that nurses and doctors always:
 - Wash their hands thoroughly before touching your loved one
 - Use sterile instruments and supplies
 - Clean the skin with an alcohol wipe
 - Choose the safest spot (Ask, "Why?" if groin is chosen)
 - Use a clean sheet to drape your loved one's body
 - Wear a mask
 - Cover the area with a sterile pad
- Make sure any openings in the skin are kept covered at all times.

COMMON LOCATIONS FOR CENTRAL LINES AND IVS



GET A NURSE IF ...

Your loved one shows signs of (or complains about) the following:

- chills
- shivering
- confusion
- extreme pain
- fast heartbeat
- headache
- diarrhea
- nausea
- fast breathing