



THE CARE PARTNER PROJECT™

How to Get the Care You Want
for the People You Love

ABOUT URINARY TRACT INFECTIONS

A urinary tract infection (UTI) can develop when germs enter the body through a plastic tube (Foley catheter) used to drain urine. The bladder, kidneys and urethra can all become infected. Another name for this is CAUTI, which stands for Catheter Associated Urinary Tract Infection.

RISK FACTORS

Use of a Foley catheter tube and bag system



Copyright© The Care Partner Project™
2021 All Rights Reserved.

The Care Partner Project checklists are for your education only, not intended to substitute for medical advice, diagnosis or treatment.

CHECKLIST

PREVENT URINARY TRACT INFECTIONS

- Every day, ask if the Foley catheter can be removed.
- When no longer needed, ask the doctor for a written order to take it out.
If not taken out as ordered, politely remind at every shift change until the tube and bag are removed.
- Ask about the cleaning plan (daily is ideal).
- To prevent urine from going back into your loved one's body, keep an eye on the tube for kinks and tangles, and straighten them.
Make sure the bag hangs below your loved one's stomach area so urine can't back up the tube.
- Make sure the bag is replaced when full.

GET A NURSE IF...

Your loved one shows signs of (or complains about) the following:

- chills, shivering, body aches, headaches, confusion
- pain or a burning feeling in the lower stomach area
- lower back pain
- blood in urine bag (you may see a slightly pink color)

NOTES