THE CARE PARTNER PROJECT

HOW PATIENTS ARE AT RISK OF OVERDOSING AT HOME:

- *Patients are typically given a dose of medication before leaving the hospital.*
- *The patient may take another dose too soon by mistake if they're in the habit of taking the same medication before bed, or if their residential community administers medications on a schedule.*
- *The second dose, taken in error, can send them right back to the hospital.*

Yes, it happens... more often than you can imagine! Another reason why your help as a Care Partner to your loved one is invaluable!

HOW TO HELP

AVOID MEDICATION MISTAKES AFTER YOU LEAVE THE HOSPITAL:

In the hospital, there are many steps involved in making sure a patient gets the correct medication—yet, mistakes occur sometimes.

Use our after-hospital ***Medication Record*** to make notes during the hospital discharge meeting so you will have a clear plan of what your loved one is to take (or NOT take), how much, and when.

Use our ***Manage Medications Checklist*** to make note of discontinued medications to dispose of.

If your loved one's home is in assisted living, memory support, long-term care, or rehab, make doubly sure that:

- ☐ You complete a *new* ***Medication Record.***
- ☐ You share your loved one's *new* ***Medication Record*** with everyone involved in their care.
- ☐ The staff has several copies.
- ☐ **All nurses involved in your loved one's care are aware of all medications taken the day of discharge and any changes to your loved one's prior medication routine.**
- ☐ **You call to follow up** and confirm all details.

NOTES:

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